Free Support for Family Care Centers

Tulane Infant & Early Childhood Consultation Supports and Services (TIKES) is a partnership between the Louisiana Department of Education, Tulane University, and local non-profits throughout the State to provide FREE mental health consultation to child care providers across Louisiana.



Our Services

Program Centered Consultation

Focuses on the FCC program as a whole and how characteristics of a child care program impact the social and emotional development of the children enrolled there.

Child Centered Consultation

Focuses on the needs of a specific child, how to intervene to better support that child's development and how to diminish the negative impact of that child's behavior within the classroom setting.

Early Childhood Mental Health Consultation (ECMHC) is an intervention that teams a mental health professional with early childhood professionals to improve the social, emotional, and behavioral health of young children in early learning settings.

On Site Supports

Provides consultation for 6 months visiting twice a month for a total of 12 visits for smaller centers. Visits once a week for a total of 24 visits for larger centers.

Professional Development

Provide training to early childhood professionals on topics such as: Building positive relationships, Creating supportive environments, Using social emotional teaching strategies, and more!



SOCIAL SKILLS GROUPS

A part of the 6 month consultation, MHCs can facilitate social skills group with four year old students that focus on social and emotional skills necessary for successful transition to kindergarten.

SOCIAL EMOTIONAL SCREENINGS

Consultants work with caregivers to support their implementation of universal social emotional screening.

CONTINUED PROFESSIONAL DEVELOPMENT

Presentations available to ALL early childhood professionals through virtual platforms or in person.

ENHANCED FAMILY SUPPORT

Consultants collaborate with child care providers and other community agencies to provide parent seminars, resources, and consultation aimed at supporting the social and emotional health of young children,



For more information go to https://medicine.tulane.edu/departments/clinical-sciences/psychiatry/research/tikes