



A Program of the Children's Coalition
for Northeast Louisiana

Family Resource Center

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P A R E N T I N G S E R V I C E S

PROGRAM	TYPE	FOR PARENTS WITH CHILDREN AGES
<i>NURTURING PARENTING PROGRAM (NPP)</i>		
• <i>NPP</i>	<i>Group</i>	<i>0-5</i>
• <i>Nurturing Fathers Program (NFP)</i>	<i>Group</i>	<i>0-5</i>
<i>TRIPLE P (POSITIVE PARENTING PROGRAM)</i>		
• <i>Triple P Selected Seminar Series</i>	<i>Group</i>	<i>0-12</i>
• <i>Triple P Selected Teen Seminar</i>	<i>Group</i>	<i>13-17</i>
• <i>Group Triple P</i>	<i>Group</i>	<i>0-12</i>
• <i>Group Teen Triple P</i>	<i>Group</i>	<i>13-17</i>
• <i>Standard Teen Triple P</i>	<i>Individual</i>	<i>13-17</i>
<i>VISIT COACHING (DCFS ONLY)</i>	<i>Individual</i>	<i>0-17</i>
<i>LIFE SKILLS TRAINING</i>	<i>Group</i>	<i>0-17</i>
<i>ACEs TRAINING</i>	<i>Group</i>	<i>All Ages</i>

Nurturing Parenting Program (NPP)

NPP was developed, implemented and validated throughout the state of Louisiana as an evidence-based program providing intense group and individual sessions to families receiving services from DCFS. Families will also receive individual support between the group sessions to ensure the knowledge and skills presented are being implemented in home. Families can also receive individual sessions to ensure the knowledge and skills presented in the group sessions are being implemented in the home.

The Nurturing Fathers Program (NFP)

NFP is an evidence -based course designed for fathers to teach and strengthen parenting and nurturing skills and enhance communication. Each session provides proven, effective skills for healthy family relationships and child development.

Triple P Selected Seminar Series

Parents attend three 90-minute positive parenting seminars:

- Power of Positive Parenting
- Raising Confident Competent Children
- Raising Resilient Children

Triple P Selected Teen Seminar Series

Parents attend three 90-minute parenting seminars on the following topics:

- Raising Responsible Teenagers
- Raising Competent Teenagers
- Getting Teenagers Connected.

Group Triple P

These seminars include five (2-hour) sessions where parents actively participate in a range of exercises to learn about the causes of child behavior problems, set specific goals, and use strategies that will promote child development, management of misbehavior, and plan for high-risk situations. As additional support, there are three (15 to 30 minute) individual telephone consultations to assist parents with independent problem solving while implementing acquired skills.

Standard TEEN Triple P (1:1 Intervention)

Parents or caregivers who have concerns about their teenager's development and behavior can take part in support intervention on a one-to-one basis. After thorough family assessment, parents set their own goals, learn ways to encourage positive behavior for teens, and teach their teens new skills such as problem solving, conflict resolution, and self-regulation. Parents also learn ways to use appropriate consequences for problem behavior (e.g. breaking family rules, taking inappropriate risks, emotional outbursts).

Visit Coaching

(Visit Coaching is only available for families referred by DCFS.)

Visit coaching is designed to aid parents in identifying the needs of their children and learning how to meet those needs while visiting with their children. Through observation and feedback, parents learn how to develop the parent-child relationship and improve communication making the visits more satisfactory for families.

Life Skills Training

Life Skills classes are offered at the Family Resource Center in a group format with topics that may include but are not limited to: Financial Management, Child Development, Healthy Relationships, Time Management and Communication.

ACEs Training

This training will help you understand, recognize, and prevent Adverse Childhood Experiences. Participants will learn about risk and protective factors, outcomes associated with ACEs, and evidence-based strategies you can use to reduce or eliminate the impact of ACEs and prevention methods.